

# ALCOHOL, DRUGS AND BOATING DON'T MIX!



## ACTIVITY 1:



### ALCOHOL, DRUGS, BOATING AND STRESS

The main stressors of boating (sun, wind, noise, and waves) make drinking alcohol and taking drugs while boating *even more* dangerous. Using words from the word bank, fill in the missing words below.

#### Word Bank

|                  |              |
|------------------|--------------|
| <b>alcohol</b>   | <b>noise</b> |
| <b>dangerous</b> | <b>no</b>    |
| <b>balance</b>   | <b>sun</b>   |
| <b>drugs</b>     | <b>mix</b>   |
| <b>waves</b>     | <b>wind</b>  |

- 1 Say \_\_\_\_\_ to alcohol and drugs.
- 2 Boat passengers who drink \_\_\_\_\_ or use \_\_\_\_\_ can lose their \_\_\_\_\_ and fall out of the boat.
- 3 Loud \_\_\_\_\_ from the boat engine, heat from the \_\_\_\_\_, blowing \_\_\_\_\_, and the moving \_\_\_\_\_ of the water, all add to the bad effects of alcohol.
- 4 Drinking alcohol or taking drugs makes boating \_\_\_\_\_ for everyone.
- 5 Alcohol, drugs and boating don't \_\_\_\_\_.

